

# Kalapa Experience Weekend 2020

[bit.ly/abetterparty2020](http://bit.ly/abetterparty2020)

Schedule in Pacific Standard Time  
(UTC-8 West Coast USA)  
This schedule is subject to change at any time without notice.

THURS DEC 17TH	FRI DEC 18TH	SAT DEC 19TH	SUN DEC 20TH
	8:30 - 9:00 <b>Opening the Day Together</b>	8:30 - 9:00 <b>Opening the Day Together</b>	8:30 - 9:00 <b>Opening the Day Together</b>
	9:00 - 10:00 <b>Authentic Relating Games</b> with Roxanne Jarrett	9:00 - 10:30 <b>Grief and Ancestral Healing</b> with Silke Rose West	9:00 - 9:30 Stretch / Movement Break
10:00 - 11:00 <b>Authentic Relating Games</b> with Sydney McGary	10:00 - 10:30 Stretch / Movement Break	10:30 - 11:00 Stretch / Movement Break	9:30 - 10:30 <b>Integration Conversation and Next Steps</b>
11:00 - 11:30 Stretch / Movement Break	10:30 - 11:30 <b>Luke Concannon</b> Chart-topping singer-songwriter and activist	11:00 - 13:00 <b>Energy and Power: An Integral Permaculture Exploration</b> with David MacLeod	10:30 - 11:30 <b>Closing Ceremony</b> with Susan Powell
11:30 - 13:30 <b>Opening Ceremony</b> with Susan Powell	11:30 - 12:00 Stretch / Movement Break	13:00 - 14:00 <b>Authentic Relating Games</b> with Whitney Waterbury	
13:30 - 14:00 Stretch / Movement Break	12:00 - 14:00 <b>Intro to Integral</b> Discover the meta-theory conceptual map that includes every area of human knowledge and inquiry, so that you can be more effective in your relationships and the world.	14:00 - 14:30 Stretch / Movement Break	
14:00 - 15:30 <b>Heart of Now</b> Practice presence with your whole self, and the part of you that is connected to everyone and everything, the place from which our dreams and visions spring.	14:00 - 14:30 Stretch / Movement Break	14:30 - 16:00 <b>Lifestyle Design Master Class</b> Learn some essential Lifestyle Design and Visioning & Manifesting modalities that will clarify your purpose and direction, and get you on your way to crafting your ideal life.	
15:30 - 16:00 Stretch / Movement Break	14:30 - 15:30 <b>Balancing Through Compassion</b> Jasmine Bell As we explore the varying aspects of energetic polarities, the masculine and feminine, we will dive into the balance we experience within ourselves and how we can use this to bring in balance and compassion as we interact with an ever-changing world.	16:00 - 16:30 Stretch / Movement Break	
16:00 - 18:00 <b>Gratitude Jam &amp; Grief Ritual</b> Finally allow yourself to shed those things weighing you down and which no longer serve you, and open to a new self, energized for celebrating life.	15:30 - 16:00 Stretch / Movement Break	16:30 - 17:30 <b>How to Make a Lucrative Career Out of Profound Service</b> with Ryan Eliason	
18:00 - 18:30 Stretch / Movement Break	16:00 - 17:00 <b>Cosmic Walk</b> Embed your Self in Deep Time with this guided meditation that connects you with the origins of the Universe.	17:30 - 18:00 Stretch / Movement Break	
18:30 - 19:30 <b>Revivify</b> Purposeful and profound music that can assist in healing, uplift the spirit, and activate!	17:00 - 17:30 Stretch / Movement Break	18:00 - 18:30 <b>DJ JD Silly Sound Yoga</b>	
19:30 - 20:00 Stretch / Movement Break	17:30 - 18:30 <b>Cosmic Walk Debrief</b>	18:30 - 19:30 <b>Revivify</b> Purposeful and profound music that can assist in healing, uplift the spirit, and activate!	
20:00 - 22:00 <b>Intro to 8-Shields Model &amp; Kalapa</b> Discover the essence behind our triple-harmony secret sauce!	18:30 - 19:00 Stretch / Movement Break	19:30 - 21:30 <b>Dance Party</b> with DJ Tru-ah	
	19:00 - 21:00 <b>Gary Reiss</b> Join our dear friend, modern-day shaman, and process-work guru in a special offering for our group and event.		
	21:00 - 21:30 Stretch / Movement Break		
	21:30 - 22:30 <b>Interactive and intimate songs</b> Katie Sontag combines singer/songwriter with song leader making for an engaging and interactive performance.		



## Calling in a New Earth

